

## Isolation and characterization of *Faecalibacterium prausnitzii* extracellular vesicles

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### ABSTRACT

**Introduction:** Extracellular vesicles (EVs) contain active biological compounds which play important roles in biological processes. The secretion of EVs is a common phenomenon which occurs in archaea, bacteria and mammalian cells. The secretion of bacterial EVs has been discovered in various species of both Gram-negative and Gram-positive bacteria. *Faecalibacterium prausnitzii* is one of the commensal bacteria in human intestinal tract which has potentially therapeutic effects by secretion of bioactive compounds. Within the last few years, many investigations have been performed with respect to extracting and obtaining EVs and as a result, there are many methods to isolate and characterize EVs. The aim of this study was to isolate EVs from *F. prausnitzii* strain A2-165 and to characterize their physico-chemical properties. **Methods:** EVs were isolated from *F. prausnitzii* strain A2-165 using ultracentrifugation and filtration. The EVs of bacterium were then characterized by Scanning Electron Microscopy, SDS-PAGE, Bradford assay, NanoDrop and Limulus Amebocyte Lysate (LAL) test. **Results:** The extracted EVs were confirmed with the shape of vesicles and the sizes ranging from ~ 30 to 250 nm. Total protein concentration of EVs were ~ 3 mg/ml from two methods; Bradford and NanoDrop, respectively. Protein profile pattern of *F. prausnitzii*-derived EVs ranged from 11 up to 245 kDa. Endotoxin measurement was 2.04 EU/ml. **Conclusion:** The results of the current study demonstrated that EVs purity and conformation were acceptable. However, further investigations are necessary to elucidate the safety, efficacy, practicality and mechanism of action of this bacterium EVs in clinical practices, especially as vaccine delivery vehicles in the field of vaccine research.

**KEYWORDS:** *Faecalibacterium prausnitzii*, extracellular vesicles, isolation, characterization, vaccine vehicle.

### INTRODUCTION

All domains of life and all cell types produce extracellular vesicles (EVs) [1]. Intracellular communication is an important feature of EVs which are membrane-enclosed vesicles released into the extracellular space. They are considered to play crucial roles in many physiological and pathological processes [2, 3]. Recently, due to many researches in this field, many methods to isolate and characterize EVs, have been developed [4-6]. Bacteria release EVs ranging from 20-250 nm which are termed outer membrane vesicles (OMVs) and membrane vesicles (MVs) in Gram-negative and Gram-positive bacteria, respectively [7-10]. Bacterial EVs are small spherical structures, composed of cytosolic and membrane proteins, lipoproteins, phospholipids, glycolipids and nucleic acids [11-16]. Meanwhile, EVs are generated in different bacterial growth phases and in various environments such as liquid, solid media and biofilm, as well as bacterial stress conditions [17-19].

Currently, the use of bacterial EVs has gained attention due to their functional and practical roles in medical researches and their applications in new biotechnological tools such as vaccine manufacturing, adjuvants and drug delivery domains. They can also absorb anti-bacterial compounds such as antibiotics. Moreover, bacterial EVs play roles in host interactions, pathogenesis, quorum sensing and acquiring nutrition, to name a few [20].

EVs play interesting roles in human microbiota which have gained prominence in recent years. This is due to their ability in carrying an extensive range of enzymes used in digestion of polysaccharides, as well as their roles in immunomodulatory functions and signaling pathways [21]. One of the commensal bacteria in human gut is *Faecalibacterium prausnitzii* [22]. Several researches have indicated that one of the effective strategies used by *F. prausnitzii* is secretion of bioactive materials such as Microbial Anti-inflammatory Molecule (MAM) protein as well as salicylic, butyric and shikimic acids [23, 24]. Besides, Rossi *et al.* have isolated extracellular polymeric matrix (EPM) of *F. prausnitzii* strain HTF-F [25] which could be involved in many functional facets of the bacterium. Importantly, anti-inflammatory properties of

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secretions by this bacterium have been shown in some *in vitro* and *in vivo* studies [22-25]. The aim of this study was to isolate EVs from *F. prausnitzii* strain A2-165 and characterize their physico-chemical properties, as a first step for development of an EV-based vaccine delivery vehicle.

## MATERIALS and METHODS

### Bacterial culture

*F. prausnitzii* strain A2-165 (DSM N° 17677) was purchased from DSMZ collection, Braunschweig, Germany and grown under anaerobic condition at 37°C [22].

### EVs isolation

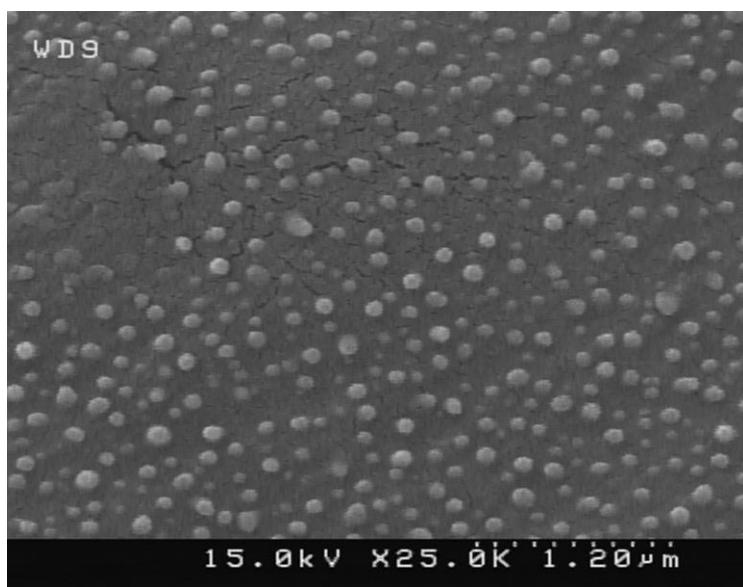
EVs of the bacterium were isolated using centrifugation and filtration protocols as described by Lee *et al.* [26], with some modifications. Briefly, 1 litre overnight culture of *F. prausnitzii* was centrifuged at 10,000×g for 20 min at 4°C, and the supernatant was filtered through a 0.45 µm vacuum filter and then 0.22 µm vacuum filter to remove the residual bacteria. The filtrate was ultracentrifuged at 200,000×g for 2 h at 4°C. The pellets were resuspended in one ml sucrose (3%), and stored at -80°C until use.

### EVs characterization

#### Scanning Electron Microscopy (SEM)

SEM was used to confirm the integrity, stability and to determine the spatial shape and size of the vesicles. In this regard, filtered EVs in sucrose were covered on 400-mesh gold grids and stained with 2% uranyl acetate. To gain the image, a HITACHI S-4160 microscope (Nano-electronic Laboratory, Tehran University) was used.

#### SDS-PAGE



**Fig. 1.** SEM image of EVs isolated from *F. prausnitzii*.

## DISCUSSION

In this study, we demonstrated that *F. prausnitzii* strain A2-165 which is one of the most important human gut microbiota, is able to produce and release EVs. Many methods have been developed for isolation and characterization of EVs in recent years. Hence, it could be assumed that different methods have

The proteins contents of the EVs were separated using SDS-PAGE on 12% separating gel. The amount of 25 µl of each sample was loaded and stained by Coomassie brilliant blue G-250 dye.

### Protein quantitation by NanoDrop and Bradford methods

To measure the concentration of the purified total protein, spectrophotometer NanoDrop Lite machine (Thermo scientific, USA) was used at the absorbance of 280 nm. Bradford assay was performed according to its standard protocol using 100 µl of protein and Bovine Serum Alboumin (BSA; 1 mg/ml) as standard, read at 595 nm.

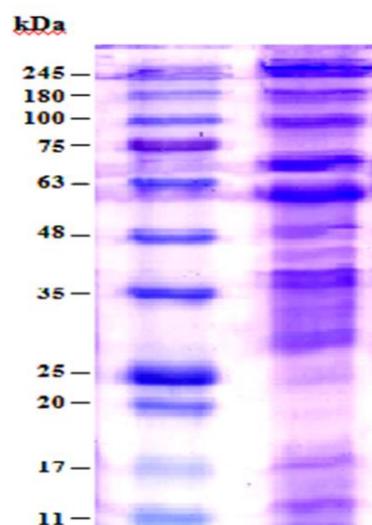
### Endotoxin analysis by LAL method

Lipopolysaccharide (LPS) was quantified by the chromogenic LAL assay. The process was carried out according to the manufacturer's instructions (Invitrogen, Carlsbad, CA, USA). The plate was read on EPSON LX-850 and the results were shown in endotoxin units (EU).

## RESULTS

### Isolation and characterization of EVs derived from *F. prausnitzii* strain A2-165

SEM confirmed the vesicular shape of the EVs, constituted of various sizes ranging from ~ 30 to 250 nm (Fig. 1). The protein profile observed after SDS-PAGE showed bands ranging from 11 to 245 kDa (Fig. 2). Total protein concentrations of the EVs were analyzed by NanoDrop and Bradford assays. The concentration of purified total protein was ~ 3 mg/ml using Bradford assay which was confirmed by NanoDrop method as well. The amount of LPS, estimated by LAL method in the diluted sample was 2.04 EU/ml.



**Fig. 2.** Protein profiles of EVs through SDS-PAGE.

direct effects on the downstream analyses [6]. Here, to isolate the EVs of *F. prausnitzii*, we performed ultracentrifugation method which is the most widely approach for this purpose [27]. Similar to our study, Chil-sung Kang *et al.* have also used ultracentrifugation at 200,000×g for the isolation of *Akkermansia muciniphila*-derived EVs which is also a major bacterium in human gut microbiota [28].

In order to characterize EVs, the number of techniques could be various [4-6]. In this study, we used five of these techniques for characterization and further confirmation of *F. prausnitzii* secreted EVs. Gardiner *et al.* have reported that electron microscopy is among the three most widely used techniques for EV characterization [27]. In a research by Lee and co-workers, they have used Transmission Electron Microscopy (TEM) for the confirmation of *Staphylococcus aureus*-derived membrane vesicles and the measurement of MVs which was ranging from 20 to 100 nm [26]. We applied SEM for confirmation of spatial shape and size of *F. prausnitzii*-derived vesicles which their sizes were found to be within ~ 30 to 250 nm range.

Both Bradford and NanoDrop methods have been used as common protein assays used for EVs. Based on Gardiner's survey, protein assays for EV characterization have been performed by several scientists who have used Bradford assay and Nanodrop methods [27]. Haas *et al.* also used Bradford method to measure protein concentrations of the *Streptococcus suis* derived-EVs [29]. In our study, we used both techniques for measuring the total protein concentration of *F. prausnitzii* derived-EV. The results were ~ 3 and 3.307 mg/ml by Bradford and Nanodrop methods, respectively. SDS-PAGE is another method for EVs characterization [27]. Nevot *et al.* used Coomassie-stained SDS-PAGE (12%) to show protein profile of *Pseudoalteromonas antarctica*-OMVs in which SDS-PAGE profiles revealed that the protein patterns of OMVs of this bacterium and its outer membrane are highly similar though not identical [30]. However in our research, the profile patterns of *F. prausnitzii* derived-EVs ranged from 11 to 245 kDa.

In our study, we used LAL assay for LPS measurement that read 2.04 EU/ml. However, analysis of this bacterial membrane suggests that this bacterium either lacks LPS or had an unusual structure [31]. The acceptable endotoxin level of this bacterium EVs in our study (2.04 EU/ml) which makes it a good candidate as a vaccine delivery vehicle [32].

In conclusion, our results demonstrated that EVs purity and conformation were within acceptable range. The identification of active components of *F. prausnitzii* secreted EVs and its potential therapeutic use remain to be investigated. Further researches are necessary to elucidate the safety, efficacy, practicality and mechanisms of action of this bacterial EVs in clinical practices, especially as vaccine delivery vehicles.

## ACKNOWLEDGEMENT

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## CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

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